

GOAL Hint: S.M.A.R.T.	PLAN for Execution	WHY Hint: What personal value(s) will you be honouring?	PLAN for fulfilling your why :	CONFLICT EVOLUTION (concerns) Hint: how, why, who How To evolve out of the fear/doubt/worry conflict, I will... Why am I trying to achieve this goal: Who can help me think this through:
Example: 1.Reach team goal this quarter: putting out 3 national publications by March 31, 2018.	Deliver 1 publication by the end of each month: January, February, March 2018. Final draft by end of week 3. Creative work: weeks 1 and 2.	Honour my value of progress, leadership and performance.	The steps to achieving: Progress is...have 30 minute lazer meetings, 2X/week to talk updates, idea share and execute in real-time. Leadership is...reviewing material and being prepared to contribute the direction in an effective way. Performance is...completion of tasks are recognized by the team, team members have a feeling of accomplishment after meetings; shortfalls are discussed	How: To evolve out of fear/doubt/worry, I will stop the noise in my head by walking outside; breathing deep; meditating for 1 minute. Why: I am passionate about this work and the impact it has on our country. Contributing to this impact hits me at a core level and it feels so damn good! (vision statement) Who: My team. They are all brilliant and it reminds me, I want to spend time with each of them to help them with their why and personal vision statement!